














MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>Gay Spring-Dance time</i>						1 9.30am: Nicci
2 9.15am: NO CLASS 6pm: NO CLASS	3 9.15am: Dee 6.00pm: Nicci	4 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	5 9.15am: NO CLASS 6.00pm: Nicci	6 9.15am: Christine	7 9.30am: Nicci	8 9.30am: Nicci
9 9.15am: NO CLASS 6pm: NO CLASS	10 9.15am: Dee 6.00pm: Nicci	11 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	12 9.15am: NO CLASS 6.00pm: Nicci	13 9.15am: Christine <div style="border: 1px solid black; padding: 2px; width: fit-content;"> FREEDANCE 6 - 7pm IN-PERSON + ONLINE</div>	14 9.30am: Nicci	15 9.30am: Shelley
16 9.15am: NO CLASS 6pm: NO CLASS	17 9.15am: Dee 6.00pm: Nicci	18 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	19 9.15am: NO CLASS 6.00pm: Nicci	20 9.15am: Christine	21 9.30am: Shelley	22 9.30am: Nicci
23 9.15am: NO CLASS 6pm: NO CLASS	24  9.15AM - 10.30AM NIA JAM ★ PUBLIC HOLIDAY	25 7.00am: Nicci	26 9.15am: NO CLASS 6.00pm: Nicci	27 9.15am: Christine	28 9.30am: Sharon	29 9.30am: Jenny




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	 		1 9.15am: NO CLASS 6.00pm: Nicci	2 9.15am: Christine	3 9.30am: Nicci	4 9.30am: Nicci
5 9.15am: NO CLASS 6pm: NO CLASS	6 9.15am: Dee 6.00pm: Nicci	7 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	8 9.15am: NO CLASS 6.00pm: NO CLASS	9  9.15am: WOMENS DAY NIA CLASS ★ PUBLIC HOLIDAY	10 9.30am: Nicci	11 9.30am: Sharon
12 9.15am: NO CLASS 6pm: NO CLASS	13 9.15am: Dee 6.00pm: Nicci	14 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	15 9.15am: NO CLASS 6.00pm: Nicci	16 9.15am: Christine	17 9.30am: Nicci	18 9.30am: Nicci
19 9.15am: NO CLASS 6pm: NO CLASS	20 9.15am: Dee 6.00pm: Nicci	21 7.00am: Nicci	22 9.15am: NO CLASS 6.00pm: Nicci	23 9.15am: Christine	24 9.30am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">👣 52 MOVES - THE BASE PLAYSHOP // 11 - 1pm</div>	25 9.30am: Jenny
26 9.15am: NO CLASS 6pm: NO CLASS	27 9.15am: Dee 6.00pm: Nicci	28 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	29 9.15am: NO CLASS 6.00pm: Nicci	30 9.15am: Christine	31 9.30am: Sharon	




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 9.15am: NO CLASS 6pm: NO CLASS	2 9.15am: Sharon 6.00pm: Jenny	3 7.00am: Nicci	4 9.15am: NO CLASS 6.00pm: Nicci	5 9.15am: Guest *	6 9.30am: Nicci	7 9.30am: Nicci
8 9.15am: NO CLASS 6pm: NO CLASS	9 9.15am: Sharon 6.00pm: Jenny	10 7.00am: Nicci	11 9.15am: NO CLASS 6.00pm: Nicci	12 9.15am: Guest *	13 9.30am: Nicci	14 9.30am: Nicci
15 9.15am: NO CLASS 6pm: NO CLASS	16 9.15am: Sharon 6.00pm: Nicci	17 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	18 9.15am: NO CLASS 6.00pm: Nicci	19 9.15am: Guest *	20 9.30am: Nicci	21 9.30am: Nicci
22 9.15am: NO CLASS 6pm: NO CLASS	23 9.15am: Dee 6.00pm: Nicci	24 7.00am: Nicci	25 9.15am: NO CLASS 6.00pm: Nicci	26 9.15am: Guest * <div style="border: 1px solid black; padding: 2px; width: fit-content;"> FREEDANCE 6 - 7pm IN-PERSON + ONLINE</div>	27 9.30am: Nicci	28 9.30am: Jenny
29 9.15am: NO CLASS 6pm: NO CLASS	30 9.15am: Dee 6.00pm: Nicci	31 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content;">*ONLINE ONLY: 6.00pm: 5 Stages</div>		GUEST FRIDAYS * With a wonderful new teacher in training - Christine		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>Let's groove this month . . .</i>					1	2
					9.30am: Nicci	9.30am: Nicci
3	4	5	6	7	8	9
9.15am: NO CLASS 6pm: NO CLASS	9.15am: Dee 6.00pm: Nicci * *Moving to Heal	7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	9.15am: NO CLASS 6.00pm: Nicci	9.15am:NO CLASS	9.30am: Nicci	9.30am: Nicci
10	11	12	13	14	15	16
9.15am: NO CLASS 6pm: NO CLASS	9.15am: Dee 6.00pm: Nicci * *Moving to Heal	7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	9.15am: NO CLASS 6.00pm: Nicci	9.15am: Guest	9.30am: Nicci	9.30am: Nicci
17	18	19	20	21	22	23
9.15am: NO CLASS 6pm: NO CLASS	9.15am: Dee 6.00pm: Nicci * *Moving to Heal	7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	9.15am: NO CLASS 6.00pm: Nicci	9.15am: Guest	9.30am: Nicci	9.30am: Nicci
24	25	26	27	28	29	30
9.15am: NO CLASS 6pm: NO CLASS	9.15am: Dee 6.00pm: Jenny * *Moving to Heal	7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	9.15am: NO CLASS 6.00pm: Nicci	9.15am: Guest <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">  FREEDANCE 6 - 7pm IN-PERSON + ONLINE </div>	9.30am: Nicci	9.30am: Jenny




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 *9.15am: Nicci ★ PUBLIC HOLIDAY	2 9.15am: NO CLASS 6.00pm: Nicci	3 9.15am: Nicci	4 9.30am: Nicci	5 9.30am: Nicci
6 9.15am: NO CLASS 6pm: NO CLASS	7 9.15am: Dee 6.00pm: Nicci * *Moving to Heal	8 7.00am: Nicci *ONLINE ONLY: 6.00pm: 5 Stages	9 9.15am: NO CLASS 6.00pm: Nicci	10 9.15am: Guest	11 9.30am: Nicci	12 9.30am: Nicci
13 9.15am: NO CLASS 6pm: NO CLASS	14 9.15am: Dee 6.00pm: Nicci * *Moving to Heal	15 7.00am: Nicci *ONLINE ONLY: 6.00pm: 5 Stages	16 9.15am: NO CLASS 6.00pm: Nicci	17 9.15am: Guest	18 9.30am: Nicci ★FIVE STAGES + FLOORPLAY 11am - 12noon	19 9.30am: Nicci
20 9.15am: NO CLASS 6pm: NO CLASS	21 9.15am: Dee 6.00pm: Nicci * *Moving to Heal	22 7.00am: Nicci *ONLINE ONLY: 6.00pm: 5 Stages	23 9.15am: NO CLASS 6.00pm: Nicci	24 9.15am: Guest FREEDANCE 6 - 7pm IN-PERSON + ONLINE	25 9.30am: Nicci	26 9.30am: Jenny
27 9.15am: NO CLASS 6pm: NO CLASS	28 9.15am: Dee 6.00pm: NO CLASS *	29 *9.15am: Nicci "Dance, then Vote" ★ PUBLIC HOLIDAY	30 9.15am: NO CLASS 6.00pm: Nicci	31 9.15am: Guest		







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 STUDIO CLOSED ★ PUBLIC HOLIDAY	2 9.15am: Dee 6.00pm: Jenny * *Moving to Heal	3 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	4 9.15am: NO CLASS 6.00pm: Nicci	5 9.15am: Guest	6 9.30am: Nicci	7 9.30am: Nicci
8 9.15am: NO CLASS 6pm: NO CLASS	9 9.15am: Dee 6.00pm: Nicci * *Moving to Heal	10 7.00am: NO CLASS <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	11 9.15am: NO CLASS 6.00pm: Nicci	12 9.15am: Guest	13 9.30am: Nicci	14 9.30am: Nicci
15 9.15am: NO CLASS 6pm: NO CLASS	16 9.15am: Dee 6.00pm: Nicci * *Moving to Heal	17 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	18 9.15am: NO CLASS 6.00pm: Nicci	19 9.15am: Guest	20 9.30am: Nicci	21 9.30am: Nicci
22 9.15am: NO CLASS 6pm: NO CLASS	23 9.15am: Dee 6.00pm: Nicci * *Moving to Heal	24 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	25 9.15am: NO CLASS 6.00pm: Nicci	26 9.15am: Guest	27 9.30am: Nicci	28 9.30am: Jenny
29 9.15am: NO CLASS 6pm: NO CLASS	30 9.15am: Dee 6.00pm: NO CLASS	1 May 9.15am: Nia Class ★ PUBLIC HOLIDAY				



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
★ PUBLIC HOLIDAY				1 9.15am: *NO CLASS	2 9.30am: Nicci	3 9.30am: Nicci
4 9.15am: NO CLASS 6pm: NO CLASS	5 9.15am: Dee 6.00pm: Jenny * *Moving to Heal	6 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	7 9.15am: NO CLASS 6.00pm: Nicci	8 9.15am: Guest <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">SPECIAL EVENT CLASS WITH ANN CHRISTIANSEN 6 - 8PM ★</div>	9 9.30am: NO CLASS *due to the Friday special event.	10 9.30am: Nicci
11 9.15am: NO CLASS 6pm: NO CLASS	12 9.15am: Dee 6.00pm: Jenny * *Moving to Heal	13 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	14 9.15am: NO CLASS 6.00pm: Nicci	15 9.15am: Guest	16 9.30am: Nicci	17 9.30am: Nicci
18 9.15am: NO CLASS 6pm: NO CLASS	19 9.15am: Dee 6.00pm: Jenny * *Moving to Heal	20 7.00am: Nicci	21 9.15am: Nicci ★ PUBLIC HOLIDAY	22 9.15am: Guest	23 9.30am: Nicci	24 9.30am: Nicci
25 9.15am: NO CLASS 6pm: NO CLASS	26 9.15am: Dee 6.00pm: Jenny * *Moving to Heal	27 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	28 9.15am: NO CLASS 6.00pm: Nicci	29 ★ 9.15am: Freedance + Mediation class with Nicci PUBLIC HOLIDAY	30 9.30am: Nicci	31 ★ EASTER SUNDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>It's a leap-ing month!</i>						
			1	2	3	4
			9.15am: NO CLASS 6.00pm: Nicci	9.15am: Guest	9.30am: Nicci	9.30am: Shelley
5	6	7	8	9	10	11
9.15am: NO CLASS 6pm: NO CLASS	9.15am: Dee 6.00pm: Jenny * *Moving to Heal	7.00am: NO CLASS	9.15am: NO CLASS 6.00pm: Nicci	9.15am: Guest	9.30am: Nicci	9.30am: Nicci
Leap-ing for Love Week ♥ 13						
		♥ 14	♥ 15	♥ 16	♥ 17	♥ 18
9.15am: NO CLASS 6pm: NO CLASS	9.15am: Dee 6.00pm: Jenny * *Moving to Heal	7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	9.15am: NO CLASS 6.00pm: Nicci	9.15am: Guest	9.30am: Nicci	9.30am: Nicci
19	20	21	22	23	24	25
9.15am: NO CLASS 6pm: NO CLASS	9.15am: Dee 6.00pm: Jenny * *Moving to Heal	7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	9.15am: NO CLASS 6.00pm: Nicci	9.15am: Guest <div style="border: 1px solid black; padding: 2px; width: fit-content;">FREEDANCE 6 - 7pm IN-PERSON + ONLINE</div>	9.30am: Shelley	9.30am: Nicci
26	27	28	29	* SAVE THE DATE: Friday 8 March: 6 - 8pm A fun playshop with Ann Christiansen. SUITABLE FOR EVERY BODY		
9.15am: NO CLASS 6pm: NO CLASS	9.15am: Dee 6.00pm: Jenny * *Moving to Heal	7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	9.15am: NO CLASS 6.00pm: Nicci			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
1 January 2024 NEW YEARS DAY CLASS SPECIAL With Nicci + Zoe ★ 10 - 11am 🎉	2 9.15am: NO CLASS 6.00pm:NO CLASS	3 7.00am: NO CLASS	4 9.15am: NO CLASS 6.00pm:NO CLASS	5 9.15am: Hanri	6 9.30am: Hanri	7 9.30am: Nicci		
8 9.15am: NO CLASS 6.00pm:NO CLASS	9 9.15am: Nicci 6.00pm: Jenny * *Moving to Heal	10 7.00am: NO CLASS	11 9.15am: NO CLASS 6.00pm: Nicci	12 9.15am: Nicci	13 9.30am: Nicci	14 9.30am: Nicci		
15 9.15am: NO CLASS 6.00pm: Nicci	16 9.15am: Dee 6.00pm: Jenny * *Moving to Heal	17 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content;"> *ONLINE ONLY: 6.00pm: 5 Stages </div>	18 9.15am: NO CLASS 6.00pm: Nicci	19 9.15am: Guest	20 9.30am: Nicci	21 9.30am: Shelley		
22 9.15am: NO CLASS 6.00pm: Nicci	23 9.15am: Dee 6.00pm: Jenny * *Moving to Heal	24 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content;"> *ONLINE ONLY: 6.00pm: 5 Stages </div>	25 9.15am: NO CLASS 6.00pm: Nicci	26 9.15am: Hanri <div style="border: 1px solid black; padding: 2px; width: fit-content;"> FREEDANCE 6 - 7pm IN-PERSON + ONLINE </div>	27 9.30am: Hanri	28 9.30am: Nicci		
29 9.15am: NO CLASS 6.00pm: Nicci	30 9.15am: Dee 6.00pm: Jenny * *Moving to Heal	31 7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content;"> *ONLINE ONLY: 6.00pm: 5 Stages </div>						

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						
				1	2	3
				9.15am: Hanri	9.30am: Hanri	9.30am: Nicci
4	5	6	7	8	9	10
9.15am: NO CLASS 6.00pm: Nicci	9.15am: Dee 6.00pm: Jenny * *Moving to Heal	7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	9.15am: NO CLASS 6.00pm: Nicci	9.15am: Nicci	<div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">★ IN PERSON Nia Five Stages of Healing Class 11am - 12pm</div>	9.30am: Nicci
11	12	13	14	15	16	17
9.15am: NO CLASS 6.00pm: Nicci	9.15am: Dee 6.00pm: Jenny * *Moving to Heal	7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">** NO ONLINE FIVE STAGES CLASS</div>	9.15am: NO CLASS 6.00pm: Nicci	9.15am: Hanri ★ PUBLIC HOLIDAY	9.30am: Hanri	9.30am: Nicci
18	19	20	21	22	23	24
9.15am: NO CLASS 6.00pm: Nicci	9.15am: Hanri 6.00pm: NO CLASS *Moving to Heal	7.00am: Nicci <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;">*ONLINE ONLY: 6.00pm: 5 Stages</div>	9.15am: NO CLASS 6.00pm: Nicci	9.15am: Hanri	9.30am: Hanri	9.30am: Nicci ★ XMAS EVE
 25	26	27	28	29	30	31
XMAS DAY ★ STUDIO CLOSED	9.15am: Nicci ★ PUBLIC HOLIDAY	7.00am: NO CLASS ★ NO EVENING CLASSES THIS WEEK ★	9.15am: Zoe * Guest teacher	9.15am: Hanri	9.30am: Zoe * Guest teacher	9.30am: Nicci ★ NEW YEARS EVE